



# REGIONAL CADET SUPPORT UNIT (CENTRAL) CADET SUMMER TRAINING OPPORTUNITIES SUMMER 2023

## Information for Parents & Guardians



## Army Cadet Opportunities

### GENERAL INFORMATION

Summer training offers an opportunity for cadets to travel to new areas and meet other cadets, while learning skills for personal development. Courses available for application are primarily based on the cadets completed training level, by the end of the training year.

Opportunities include virtual training, the locally delivered Cadet Activities Program, several courses delivered at Cadet Training Centre's across Canada, employment as a staff cadet, and a ship deployment. These programs and courses range from 4 days, up to 7 weeks in duration. They are designed to be fun and challenging, while encouraging the cadet's professional development. The Cadets are certain to have an engaging and rewarding summer at any of the locations they may end up.

The following items are the pre-requisites common to all training courses:

- a. Have a complete annual validation on file;
- b. Have their medical conditions validated on file;
- c. Must be recommended by their Corps/Sqn CO;
- d. Meet Star level training requirement by Jun 30;
- e. Cadet must have no participation limitations that would preclude them from participating in the training of the course.

Some courses may have additional requirements for eligibility, check with your unit staff for more information.

Information accurate at time of distribution, subject to change





## CADET ACTIVITY PROGRAM OPPORTUNITIES

Cadet Activity Program (CAP) is a decentralized summer opportunity that augments the Corps program for all Phase 1 & 2 Cadets. Experiential citizenship, fitness, and Canadian Armed Forces (CAF) Familiarization activities offered will leverage nearby CAF and community facilities to provide an elevated experience linked to the Cadet Program aims and objectives.

### GREEN STAR CADETS

#### **Cadet Activity Program - 1 (CAP-1)**

CAP-1 is a 4-day, daily drop-off, activity program designed for 12–13-year-olds.

It is intended to build confidence and facilitate meeting other cadets through participation as a member of a peer-lead team in fun, safe, challenging, and well-organized activities. Where a local activity program is not viable, some cadets may have the option to participate in a 4-day overnight-camp activity located in other centralized locations throughout Ontario.

**CAP-1 Locations:** Communities throughout Ontario, listed on pages 9 & 10.

### RED STAR CADETS

#### **Cadet Activity Program - 2 (CAP-2)**

CAP-2 is a 7-day, daily drop-off, activity program that includes a 3-day 2-night overnight component for 13–14-year-olds. It is designed to build leadership and interpersonal skills, while fostering interest in future Cadet Summer Training (CTC) opportunities. Where a local activity program is not viable, some cadets may have the option to participate in a 7-day overnight-camp activity located in other centralized locations throughout Ontario.

**CAP-2 Locations:** Communities throughout Ontario, listed on pages 9 & 10.



## SUMMER DIGITAL LEARNING COURSES

The Digital Learning Center courses are conducted virtually using Cadets365 and enable the cadet to participate in summer training from their local area or home. Cadets will need at a minimum a reliable internet connection and a laptop/tablet device capable of virtual meetings or assignments.

### SILVER STAR CADETS



#### **Cadet Administration and Supply Assistant (CASA)**

The aim of this two-week course is to develop a specialist with the skills and subject matter knowledge required to be an administrative and supply assistant at the Corps, during regionally directed activities, and/or as a staff cadet at a CAP/CTC. The aim of this course will be accomplished by providing dynamic and challenging training that includes opportunity for practical application. The cadets will learn the theoretical and technical skills required to assist the Corps Administration and Supply Officers.

#### **Cadet Correspondent**

The Cadet Correspondent course is a 5-session course where the cadets learn the basics of supporting Public Affairs. The modules include how to effectively use social media, take a great photo, and become a storyteller of the corps/squadron. The cadet will need a device to capture imagery for use during the course.

#### **Cadet Cyber Training Course**

The Cadet Cyber Training Course will be conducted over the course of 2 weeks. Cadets will be immersed into the work of Cyber Security, learning, and securing multi-platform operating systems (Windows and Ubuntu) and interact with CAF/COATS Cyber Educators. Training provided will help cadets develop the Cyber Defence skills required to compete in an online competition with other groups from across the world at the end of the course. Successful participants will acquire the skill set to lead and support cadets in virtual and cyber activities within the CCO.





## CADET TRAINING CENTRE COURSES

### SILVER STAR CADETS



#### **Expedition Team Member (ETM) Course**

The aim of this two-week course is to provide cadets with the fundamentals of expedition training, building upon what has been taught in Silver Star of the Corps program. This aim will be accomplished through the development of knowledge and skills, and the provision of ample opportunity for practical application. By establishing a dynamic learning environment that exposes the cadets to the various aspects of a 5-day Expedition, this course will inspire the cadets to further pursue Expedition training opportunities at the Corps and on the Expedition Team Leader Course.



#### **Drill & Ceremonial Instructor (DCI) Course**

The aim of this four-week course (one-week distributed learning and three weeks in-person) is to develop a specialist with the skills and subject matter knowledge required to be an instructor for drill and ceremonial activities. The aim will be accomplished by further developing drill and ceremonial related specialist skills and knowledge that will allow them to perform the duties of a specialist instructor for ceremonial activities. By establishing a dynamic learning environment that exposes the cadets to a variety of drill and ceremonial opportunities, this course will prepare the cadets to assume a specialist parade position at the Corps and CTCs.



#### **Fitness and Sports Instructor (FSI) Course**

The aim of this four-week course (one-week distributed learning and three weeks in-person) is to develop a specialist with the skills and subject matter knowledge required to perform the role of a fitness and sports instructor and a team leader for fitness and sports activities conducted at the Corps, during regionally directed activities and/or as a staff cadet at a CAP/CTC. The aim of the course will be accomplished by providing dynamic and challenging training that includes ample opportunity for practical application. The cadets will learn theoretical and technical skills required to deliver the Corps physical education and recreational training program as specialist instructors. This course will ensure that the cadets are adequately prepared to face challenges at the Corps and as Staff Cadets at the CTCs.



### **Music Course - Military Band (MB)**

The aim of this four-week course (one week distributed learning and three weeks in-person) Course is to raise the cadet's musical skills to the standard of the next music proficiency level. This training is to develop the music proficiency of cadets and prepare them to support their Corps bands and related music activities. During this course, instruction is also given in instrument maintenance & repair and other music-related skills, while the more senior levels also learn some Instructional Techniques relating to music. Note: To improve music proficiency level, cadets may undertake this course more than once.



### **Air Rifle Marksmanship Instructor (ARMI) Course**

The aim of this four-week course (one week distributed learning and three weeks in-person) is to develop individual air rifle marksmanship and summer biathlon specialty skills while reinforcing and further developing the leadership and instructional techniques skills preparing the cadets to support these two specialty activities at the Corps, during regionally directed activities and/or as a staff cadet at a CAP/CTC. The cadet will be provided with the necessary theoretical, technical, and practical skills required to monitor and instruct other cadets during marksmanship training at the Corps.



### **Full-bore Marksman Phase 1 (FB1) Course**

The aim of this four-week course (four weeks in-person) is to develop a specialist with the attitude, skills and subject matter knowledge required to participate in competitive full-bore marksmanship as an individual competitor. The cadet will be provided with the necessary theoretical, technical, and practical skills required to participate as a Fullbore rifle competitor. The cadet will participate in the Canadian National Cadet Fullbore Competition.



## GOLD STAR CADETS



### **Expedition Team Leader (ETL) Course**

The aim of this four-week course (one-week distributed learning and three weeks in-person) is to develop a specialist with the skills and subject matter knowledge required to be an instructor and team leader for Expedition activities within the Army cadet program. The aim will be accomplished by providing dynamic and challenging training that offers ample opportunity for practical application during extended Expeditions. The cadets will learn advanced theoretical and technical skills required to assist in the delivery of Expedition Training at the Corps. This course will ensure the cadets are adequately prepared to face challenges at the Corps and as staff cadets.

#### **Additional Prerequisites:**

- a. Must be medically and physically fit,
- b. Have achieved minimum the Bronze Level of the Cadet Fitness Assessment Incentive Level
- c. Be motivated to pursue outdoor leadership and adventure training activities.



### **Staff Cadet - IT-SMC OJT**

As an IT-SMC Staff Cadet you will receive on-the-job training to assist and support the summer Cadet training program with information technology needs.

#### **Additional Prerequisites:**

- a. Cadet must be 16 years of age prior to serial start date
- b. Cadet must have an interest in information technology



### **Staff Cadet – CTC & CAP**

Ranging between one and seven weeks, staff cadets are the Non-Commissioned Officers of the Summer CAP sites and CTCs. A staff cadet can assist the officer staff with the instruction and supervision of cadets or may be tasked in an administrative or logistical support role. Rank and pay for staff cadets depend upon the position; this is usually determined during a pre-course training and evaluation period.

**Additional Prerequisites:** Cadet must be 16 years of age prior to serial start date





### **Staff Cadet - National Cadet Advisory Council (NCAC)**

An in-person opportunity hosted by the Commander Cadets and Junior Canadian Rangers (CJCR) over a six-week training period. This working group will provide the opportunity for the Commander and senior staff at the headquarters to engage directly with a group of senior cadets from across the country on a variety of cadet program related topics.

#### **Additional Prerequisites:**

1. Cadet must be 16 years of age prior to serial start date.
2. Priority may be given to cadets who are bilingual in both official languages.
3. Cadets applying for the NCAC must submit the following documents in support of their application:
  - a. A Letter of introduction from their Corps/Sqn CO (Commanding Officer); and
  - b. A Letter of interest from the cadets applying, reflecting their cadet training and leadership experience, and confirm their language proficiency in both official languages. Include the cadet's contact information and submit letter to [Joey.Landry2@forces.gc.ca](mailto:Joey.Landry2@forces.gc.ca) before 24 Feb 2023.



### **Canadian Forces Basic Parachutist Course**

The aim of this four-week course is to develop a specialist with the skills and subject matter knowledge required to be a CAF Basic Paratrooper. The aim will be accomplished by cadet undertaking the Canadian Armed Forces Basic Parachutist Course with the Canadian Forces Advanced Land Warfare Centre.

#### **Additional Prerequisites:**

1. Be certified by a CF medical officer as being physically and mentally fit,
2. must be 16 by 1 July of year of course and shall not have reached the age of 19 during the course,
3. Have no participation limitations which may preclude them from participating in intense level physical training activities in remote locations and in high altitudes,
4. Have achieved the minimum fitness requisite of 31 sit-ups, 7 chin-ups & complete a 1600 meter run in under 7:30 minutes,
5. Have completed Gold Star training by 30 Jun. Priority will be given to those cadets with a higher ranking in the National Star of Excellence (NSE).





## INTERNATIONAL EXCHANGE



### Maple Leaf Exchange

The aim of this three-week exchange is to introduce cadets to the training of the Army Cadet Force in the United Kingdom in Wales, Scotland and England. This exchange will also provide cadets an opportunity to participate in cultural activities and touring.

#### Additional Prerequisites:

1. Cadet must be at least 16 years of age prior to exchange start date, but not older than 17 prior to exchange end date.
2. Have achieved at the minimum the Bronze Level of the Cadet Fitness Assessment Incentive Level at the male / female 16 year old standard.
3. Have good interpersonal skills.
4. Functional in English
5. Have completed Gold Star training by 30 Jun
6. Be the rank of Sgt or above prior to exchange start date

### CTC COURSE KEY DATES & DEADLINES (Travel dates not shown)

Course/Opportunity	Deadline	Comments
Exchange Applications	8 Feb 23	Supporting documents due 24 Feb 23
IT-SMC Staff Cadets OJT	24 Feb 23	Supporting documents due 15 Feb 23
Staff Cadet	24 Feb 23	
National Cadet Advisory Council	24 Feb 23	
CTC Course Cadets	24 Mar 23	Supporting documents due 24 Feb 23
CAP Opportunities	31 Mar 23	







## CAP OPPORTUNITY DATES

Area	Site	Year	Serial	Start	End
COA	Barrie	One	A	26-Aug-23	29-Aug-23
		Two	A	17-Aug-23	23-Aug-23
	Erin	One	A	11-Aug-23	14-Aug-23
		Two	A	2-Aug-23	8-Aug-23
	Peel	One	A	20-Aug-23	23-Aug-23
			B	26-Aug-23	29-Aug-23
		Two	A	2-Aug-23	8-Aug-23
			B	11-Aug-23	17-Aug-23
	York	One	A	2-Aug-23	5-Aug-23
			B	11-Aug-23	14-Aug-23
		Two	A	17-Aug-23	23-Aug-23
	NGTA	Etobicoke	One	A	2-Aug-23
Two			A	8-Aug-23	14-Aug-23
GTA Central		One	A	2-Aug-23	5-Aug-23
			B	8-Aug-23	11-Aug-23
		Two	A	14-Aug-23	20-Aug-23
		GTA East	One	A	20-Aug-23
B				26-Aug-23	29-Aug-23
Two			A	2-Aug-23	8-Aug-23
			B	11-Aug-23	17-Aug-23
Halton		One	A	2-Aug-23	5-Aug-23
			B	8-Aug-23	11-Aug-23
		Two	A	14-Aug-23	20-Aug-23
			B	23-Aug-23	29-Aug-23
St Catherines		One	A	17-Aug-23	20-Aug-23
		Two	A	23-Aug-23	29-Aug-23
NOA		North Bay	One	A	2-Aug-23
	B			8-Aug-23	11-Aug-23
	Two		A	14-Aug-23	20-Aug-23



OSLA	Uplands	One	A	2-Aug-23	5-Aug-23	
			B	8-Aug-23	11-Aug-23	
		Two	A	14-Aug-23	20-Aug-23	
			B	23-Aug-23	29-Aug-23	
	HMCS Carleton	One	A	2-Aug-23	5-Aug-23	
			B	8-Aug-23	11-Aug-23	
		Two	A	14-Aug-23	20-Aug-23	
	Cornwall	One	A	17-Aug-23	20-Aug-23	
		Two	A	23-Aug-23	29-Aug-23	
	Petawawa	One	A	2-Aug-23	5-Aug-23	
		Two	A	8-Aug-23	14-Aug-23	
	Kemptville	One	A	2-Aug-23	5-Aug-23	
		Two	A	8-Aug-23	14-Aug-23	
SEOA	Belleville	One	A	17-Aug-23	20-Aug-23	
		Two	B	23-Aug-23	29-Aug-23	
	Durham	One	A	2-Aug-23	5-Aug-23	
			B	17-Aug-23	20-Aug-23	
	Kingston	Two	A	8-Aug-23	14-Aug-23	
		One	A	2-Aug-23	5-Aug-23	
	Peterborough	Two	B	17-Aug-23	23-Aug-23	
		One	A	17-Aug-23	20-Aug-23	
	SWOA	Brantford	Two	A	23-Aug-23	29-Aug-23
			One	A	2-Aug-23	5-Aug-23
Guelph		Two	B	8-Aug-23	14-Aug-23	
		One	A	17-Aug-23	20-Aug-23	
Hamilton		Two	B	23-Aug-23	29-Aug-23	
		One	A	17-Aug-23	20-Aug-23	
Kitchener		Two	B	23-Aug-23	29-Aug-23	
		One	A	2-Aug-23	5-Aug-23	
London		Two	B	8-Aug-23	14-Aug-23	
		One	A	17-Aug-23	20-Aug-23	
Petrolia		Two	B	23-Aug-23	29-Aug-23	
		One	A	2-Aug-23	5-Aug-23	
Windsor		Two	B	8-Aug-23	14-Aug-23	
		One	A	17-Aug-23	20-Aug-23	



## SUMMER DIGITAL LEARNING CENTRE COURSE DATES

Course	Language	Start	End	Serial
Cadet Administration and Supply Assistant (CASA)	English	17-Jul-23	28-Jul-23	109EL105a1
Cadet Administration and Supply Assistant (CASA)	English	17-Jul-23	28-Jul-23	109EL105a2
Cadet Administration and Supply Assistant (CASA)	English	31-Jul-23	11-Aug-23	109EL105b1
Cadet Administration and Supply Assistant (CASA)	English	31-Jul-23	11-Aug-23	109EL105b2
Cadet Correspondent	English	17-Jul-23	28-Jul-23	109EL101a1
Cadet Correspondent	English	17-Jul-23	28-Jul-23	109EL101a2
Cadet Correspondent	English	31-Jul-23	11-Aug-23	109EL101b1
Cadet Correspondent	English	31-Jul-23	11-Aug-23	109EL101b2
Cadet Cyber Training Course	English	17-Jul-23	28-Jul-23	109EL103a1
Cadet Cyber Training Course	English	17-Jul-23	28-Jul-23	109EL103a2
Cadet Cyber Training Course	English	31-Jul-23	11-Aug-23	109EL103b1
Cadet Cyber Training Course	English	31-Jul-23	11-Aug-23	109EL103b2



## CADET TRAINING CENTRE COURSE DATES (Travel days not shown)

Course	CTC	Language	Start	End	Serial
Air Rifle Marksmanship Instructor	Connaught CTC	English	10-Jul-23	28-Jul-23	339303
Air Rifle Marksmanship Instructor	Argonaut CTC	English	17-Jul-23	3-Aug-23	309303a
Drill and Ceremonial Instructor	Greenwood CTC	English	17-Jul-23	3-Aug-23	409403a
Drill and Ceremonial Instructor	Valcartier CTC	French	3-Jul-23	21-Jul-23	319403
Drill and Ceremonial Instructor	Blackdown CTC	English	10-Jul-23	28-Jul-23	349403
Drill and Ceremonial Instructor	Vernon CTC	English	17-Jul-23	4-Aug-23	369403
Fitness and Sports Instructor	Argonaut CTC	English	17-Jul-23	3-Aug-23	309203a
Fitness and Sports Instructor	Argonaut CTC	English	7-Aug-23	24-Aug-23	309203b
Fitness and Sports Instructor	Valcartier CTC	French	3-Jul-23	21-Jul-23	319203
Fitness and Sports Instructor	Vernon CTC	English	17-Jul-23	4-Aug-23	369203
Military Band Musician	Vernon CTC	English	17-Jul-23	4-Aug-23	369103
Military Band Musician	HMCS Quadra	English	17-Jul-23	4-Aug-23	259103
Expedition Team Leader	Blackdown CTC	English	10-Jul-23	28-Jul-23	347503
Expedition Team Leader	Valcartier CTC	French	24-Jul-23	11-Aug-23	317503
Expedition Team Member	Argonaut CTC	English	17-Jul-23	27-Jul-23	307502a
Expedition Team Member	Argonaut CTC	English	14-Aug-23	24-Aug-23	307502c
Expedition Team Member	Valcartier CTC	French	31-Jul-23	11-Aug-23	317502c
Fullbore Marksmanship Phase 1	Connaught CTC	English	10-Jul-23	4-Aug-23	337313
Mountain Bike Instructor	HMCS Quadra	English	31-Jul-23	11-Aug-23	257AT01b
CF Basic Parachutist	CTC Trenton	English	09-Jul-23	11-Aug-23	427605
Maple Leaf Exchange	United Kingdom	English	23-Jul-23	12-Aug-23	333500



**STAFF CADET TRAINING DATES (Travel days not shown)**

CTC / Opportunity	Location	Start	End	Serial
CTC Blackdown	CFB Borden	25 Jun 23	29 Jul 23	SC/CC Blackdown
CTC Connaught	Nepean, ON	25 Jun 23	Various based on course	SC/CC Connaught
CTC Trenton	8 Wing Trenton	25 Jun 23	Various based on course	SC/CC Trenton
CAP – COA	Sites are allocated by Corps/Sqn	Employment dates vary based on CAP Site. Selected staff cadets can expect to be hired for 2 days prior to the start of the CAP site in their local community		SC/CC-CAP/PAC-COA
CAP – NGTA				SC/CC-CAP/PAC-NGTA
CAP – NOA				SC/CC-CAP/PAC-NOA
CAP - OSLA				SC/CC-CAP/PAC-OSLA
CAP – SEOA				SC/CC-CAP/PAC-SEOA
CAP - SWOA				SC/CC-CAP/PAC-SWOA
IT-SMC OJT	Brandon, MB	10 Jul 23	18 Aug 23	559ITSMC-OJT
National Cadet Advisory Council	Nepean, ON	26 Jun 23	11 Aug 23	339NCAC